

Heel & Toe Charity News



Winter Edition 2023

THERE'S NO PLACE LIKE THE HEEL & TOE CHARITY BALL

On Friday 1st December we held our 'Yellow Brick Road Ball' at The Grand Hotel Gosforth. Thank you to everyone who attended, volunteered and made the night a huge success. We can proudly announce you all helped us raise just under £48,000!!

Thank you to our main sponsors; Meldrum Group, Self Build Services and Slater & Gordon Lawyers. Thank you to our drinks sponsor Irwin Mitchell. Special Thank you to our Patron Lee Clark and Heel & Toe parent Caroline Givens for their speeches on the evening.

We are already looking forward to next years event which will be held on Friday 29th November at The Grand Hotel Gosforth.

If you would like to reserve your table for next year, please contact Kirsty:

Kirsty.hutton@heelandtoe.org.uk

BRICK SERVICES BALL

A fantastic night was had at the 'Mamma Mia Themed' Brick Services Ball at The Grand Hotel Gosforth.

We are thrilled to announce the total amount raised was £43,909!!

Special thank you to parent and trustee Mark Ward and Chris Millican from Brick Services for all their help and organisation. Thank you to Dean Royal from Manchester Brick Specialist Ltd, for his kind prize donation.

Thank you to host Steve Walls, Hazel Rayson Theatre Dance Studio, Storm AV, Lux Photography, Casino Fun Hire For Your Party Newcastle and Sweet Treatz Hire who all contributed to the evening and made it such a successful event.



Parent Notice

Christmas Holidays

Both centres will close on Friday 22nd December and reopen on Monday 8th January 2024

ITS BEGINNING TO LOOK A LOT LIKE CHRISTMAS

Every year the ILLSLEY family have a Christmas light display in their garden for charity. This year they have very kindly chosen Heel & Toe.

Thank you so much to Bradley for choosing to support Heel & Toe. All the staff, children and parents here at the charity appreciate your support.

If anyone would like to go along to see this display, its on Malvern Road in Washington.



CHRISTMAS AT HEEL & TOE

Our beautiful Christmas tree canvas!

Children who attended our Kids Christmas party on Sunday 26th November designed their own baubles to go onto our large Christmas tree canvas!

It is now displayed in pride of place at our Pelton centre in reception. Well done kids, we think it looks wonderful.



CHRISTMAS APPEAL

🎁 Amazon Christmas Wishlist 🎁

Our therapists have put together an Amazon Wishlist of equipment for our children's therapy sessions, which we would love to receive this Christmas.

If you would like to purchase a piece of equipment from our list please scan the QR Code on the image or visit the website directly.



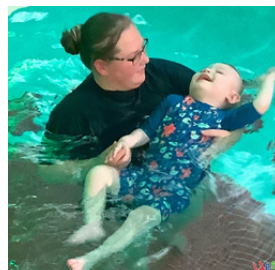
STAR OF THE MONTH

Well done to all of our stars of the month for doing well in their sessions. Our stars for December are: Florence, Oscar, Orson, Harrison, Issac & Arthur.



IN THE HYDROTHERAPY POOL

We recently popped into the Hydrotherapy Pool in Perkinsville. Here are some wonderful photos of Lydia and Leo working hard in their sessions. Well done, keep up the good work!



HIPPOTHERAPY

Throughout 2023 we were able to offer four blocks of Hippotherapy to children who attend Heel & Toe which was fully funded. We are looking forward to continuing these sessions throughout 2024. Here are some photos from our Hippotherapy sessions. Well done everyone!



THANK YOU

CECA Awards Ceremony

Thank you to all Civil Engineering Contractors Association (CECA) members for their generous donations of £4,575 on the night of their Annual Awards Ceremony.

Thank you to Ross Markwell the CECA Chairman for appointing us as the chosen charity again this year.



Simon Atkins

Thank you to our Ambassador - Simon Atkins from Pertemps alongside Paul Middleton, Gary Fulcher and Sam Halliday from Hebburn martial arts gym who came to visit with a giant cheque for £3,100!! Events they have took part in this year have included; Total Warrior, Great North 10K and the Great North Run. Thank you all for your continued support.

Masonic Charitable Foundation

A huge thank you to the Masonic Charitable Foundation who recently donated £60,231. The grant will support Heel & Toe Children's Charity's new therapy known as Hippotherapy which is a technique that uses the movement of a horse to treat a variety of conditions, in this case children with disabilities and complex needs. Hippotherapy uses the horses' regular rhythm of walking to improve children's balance, strength, joint range, righting reactions, tone, flexibility and sensory processing which are essential in the development of motor skills.



Meldrum

On Friday 17th November Meldrum held their annual Demolition Ball at the Biscuit Factory. The night was a huge success and they raised £17,000 for their three chosen charities; Oasis Community Housing, Solan Connor Fawcett Family Cancer Trust and Heel & Toe Children's Charity. Huge thank you to Michelle and Dave Meldrum for choosing Heel & Toe again, your support is greatly appreciated.

Bewick Masonic Lodge

Thank you to our charity Ambassador Ian Silcock for hosting the annual Bewick Masonic Lodge Christmas party. The lodge held a raffle and a game of stand up bingo on the night and raised £550 for Heel & Toe. Thank you for all your support throughout the year, we are forever grateful.



The Hospital Saturday Fund

We are thrilled to announce The Hospital Saturday Fund have awarded us with a grant for £7,000! Adrian and Paul came to visit our centre to meet some of our amazing children and therapists. Thank you so much to The Hospital Saturday Fund, this money will help us to continue providing Hippotherapy to children in the North East.

Lowes Financial Management

A huge thank you to the twenty staff members from Lowes Financial Management who took part in a Sponsored Walk from Warkworth to Seahouses and raised £7000 for Heel & Toe. This is the third sponsored walk the staff have organised for us. We are so grateful for their support.



Stanley Travel

Thank you so much Stanley Peddlers for continuing to support Heel & Toe Children's Charity with their annual bike ride. This year the team challenged themselves to a 4 day cycle from Newcastle to Edinburgh. It was a huge success and the team came home with a cheque worth £3,401. Thank you for your continued support.

Thank you to

Hays Travel Chester Le Street, Hays Travel Metro Centre - Green Mall, Westerhope Primary School, the Fox and Hounds Crawcrook, Pearsons Engineering Ltd and Cellular Solutions for your generous support in 2023.

Contact Us

If you are interested in fundraising for H&T, please contact one of our fundraising team

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Caroline@heelandtoe.org.uk

Amanda@heelandtoe.org.uk

Natalie@heelandtoe.org.uk

Mandy@heelandtoe.org.uk

To donate direct to Heel and Toe, Text 'HEELTOE' to 70085 (texts cost amount donated plus the cost of a standard message rate from your mobile provider). You will be opting into receiving updates on fundraising from us via telephone and SMS. To opt out Text 'HEELTOENOINFO' to 70085.