

# HEEL & TOE CHARITY NEWS



Autumn Edition 2022



## **LOWES FINANCIAL MANAGEMENT DONATE £21,000 TO HEEL & TOE!**

On Saturday 16th July a team of 21 walkers gathered at the peaks in Yorkshire ready to compete in one of their biggest challenges yet. Fifteen of those walkers were a team of colleagues from Lowes Financial Management who have been huge supporters of Heel & Toe for the last couple of years. Throughout the 3 peaks challenge members of the Lowes team got talking to a parent of a child who attends Heel & Toe and found out that they could sponsor a child. Lowes decided they wanted to pay for the child's therapy for a year as well as the sponsorship they had raised! In total Lowes donated £21,000.

## **TICKETS ON SALE FOR OUR ANNUAL CHARITY BALL**

We invite you to join us at Hilton Newcastle Gateshead on Friday 25th November as we host our Annual Charity Ball 2022 'Wonkaland'.

The event is hosted by our Charity Patron and North East Entertainer Steve Walls and sponsored by Alphagenix, Normedica, Self Build Services, Slater & Gordon Lawyers and Meldrum Group.

Tickets sell out fast so book yours now, discount available to Heel & Toe parents.

All packages include; Champagne Reception, 3 course meal and drinks on the table.

Visit – <https://heelandtoe.org.uk/events> or email [kirsty.hutton@heelandtoe.org.uk](mailto:kirsty.hutton@heelandtoe.org.uk) to book.

## **Parent Notice October Half Term**

**Both centres will be open throughout the October Half Term. Physiotherapy will be offering blocks.**



---

## WELCOME NEW APPOINTMENTS

---



Welcome New Trustee - Mark Clasper.

Mark and his team at Ryder Architecture are a great support to the charity. Mark commented, "Having friends with children, who have benefited from treatment with Heel and Toe, I've been able to hear first hand about the important work the charity do. This led Ryder to making a donation as part of our 'giving something back' pledge as we could see the very tangible impact the donation would have in improving people's lives. I'm hopeful as a trustee I can continue to work with the charity towards their goals". Great to have you on the Board of Trustees Mark!

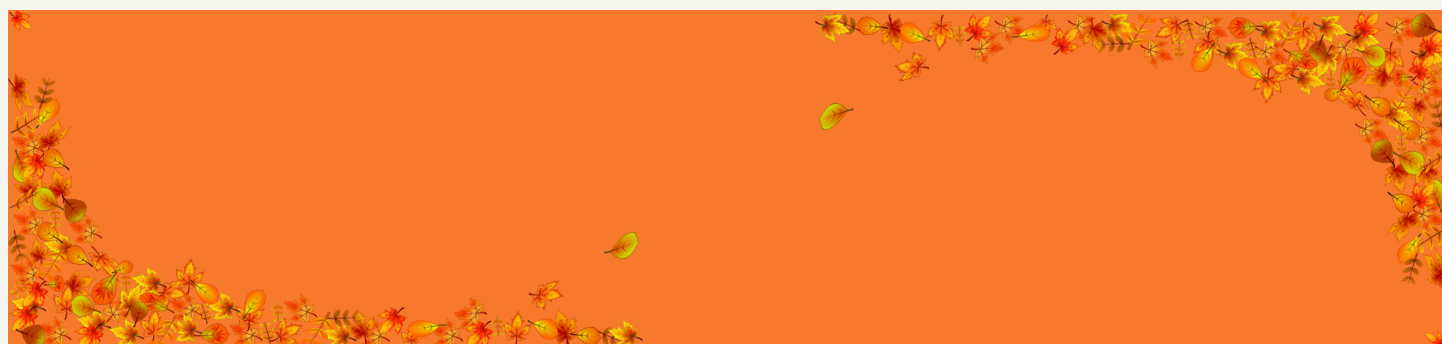
We are delighted to welcome Ian Bradgate, Area Contracts Manager at SLM - Everyone Active as a Heel & Toe Children's Charity Ambassador.

Ian has attended our sporting events, took part in the Great North Run and Ghyll Scramble, and now looks forward to taking part in Total Warrior and the Canyon Challenge in 2023 with a team of staff members from the centre.

Welcome to the team Ian, we look forward to working with you in the future.

We are delighted to appoint Sarah Skillen as an Ambassador.

Sarah and the team from the Co-op Distribution Centre Birtley have been a fantastic support to the charity over the years. Sarah commented: "I was first introduced to the team at Heel & Toe when I started my role with Co-op Distribution Centre two and a half years ago. I have had the opportunity a few times to visit the centre at Pelton and see the great work the team do. We have done various fundraising events at work to raise funds for them, I also took part in the Hadrian's Wall Challenge last year which was a great experience. I am honoured to have been asked to take on the role of an Ambassador for this great charity and look forward to what is to come".





# Well Done Kids

We loved having our physio block sessions up and running again this summer. Our kids worked so hard and made great progress. Here are a few photos from those block sessions.



## IN THE SALT ROOM...

Recently we popped in to a few Speech and Language Therapy sessions with Rachel. We thoroughly enjoyed seeing the children learn new skills. Well done to Edie for fantastic category sorting and to Hugo for doing a great job at listening for the sounds at the end of words and practicing this himself.



# Thank You

## **Advantex Networking Solutions -**

Thank you to Celia Yeates and the team for continuing to support Heel & Toe throughout 2022. Advantex had 9 members take part in the Hadrians Wall challenge in May this year and they have done several fundraisers in the office. In total the team have raised £2171.50.



## **Mike Roseberry & Ian Stafford -**

Thank you to Ambassadors Helen & Mike Roseberry for putting Heel & Toe forward to be the chosen charity at the sporting club's evening with Phil Tufnell. The night was very successful and raised a staggering £13,500.

**Andrew Scott** - Our Ambassador Andrew recently completed his first Great North Swim Windermere to raise money for our children's therapy.

Thanks to Andrew for raising £236 which was very kindly doubled by Stanley Travel taking the total to £472!



**Kerri Batty & Friends** - Thank you to Kerri and friends who walked a total of 8.5 miles from Windy Nook to The Millenium Bridge, Gateshead and back raising a whopping £2,300 for Emily's Therapy Pot at Heel & Toe Children's Charity.

**Jaymes Bulman** - Thank you to Jaymes who recently took part in Iron man Bolton. The course consisted of a swim, bike ride and then run. Jaymes raised a total of £975 through his justgiving page and then his employers, Brick Services very kindly matched it taking his total to £1950. Well done Jaymes and thank you.



**Stores & Supermarkets** - Thank you to Asda Sunderland, Asda Stanley Morrisons Birtley and Tesco Stockton Extra who kindly donated refreshments/sweets and snacks for our Great North Run.

## Contact Us

If you have any queries contact us on 0191 386 8606 or email [info@heelandtoe.org.uk](mailto:info@heelandtoe.org.uk)

If you are interested in fundraising for H&T, please contact one of our fundraising team.

[Kirsty.hutton@heelandtoe.org.uk](mailto:Kirsty.hutton@heelandtoe.org.uk)

[Caroline@heelandtoe.org.uk](mailto:Caroline@heelandtoe.org.uk)

[Amanda@heelandtoe.org.uk](mailto:Amanda@heelandtoe.org.uk)

[Natalie@heelandtoe.org.uk](mailto:Natalie@heelandtoe.org.uk)

[Mandy@heelandtoe.org.uk](mailto:Mandy@heelandtoe.org.uk)



To donate direct to Heel and Toe, Text 'HEELTOE' to 70085 (texts cost amount donated plus the cost of a standard message rate from your mobile provider). You will be opting into receiving updates on fundraising from us via telephone and SMS. To opt out Text 'HEELTOENOINFO' to 70085