

WINTER NEWSLETTER

It's beginning to look a lot like Christmas

A huge thank you to all the staff at We Are Openreach, The Works Chester Le Street and students at Dame Allans Sixth Form who very kindly donated Christmas gifts to our children here at Heel & Toe. We were delighted to be able to give our children an extra special gift from Santa this Christmas with your generosity. We already have a date for next year's children's Christmas party, to avoid disappointment register your interest early January.



It's the Most Wonderful Time of The Year

A big thank you to everyone who attended Heel & Toe Winter Wonderland Charity Ball on Friday 26th November at The Hilton, Gateshead. The night was a huge success and raised a whopping £20,000! Huge thank you to Irwin Mitchell who were this years sponsor of the Ball.

We hope to see you all next year at the same venue on Friday 25th November. Contact Kirsty: kirsty.hutton@heelandtoe.org.uk to reserve a table.



Welcoming Hannah to the H&T team

We are delighted to welcome Hannah to our therapy team. Hannah joined the team in November after studying Speech and Language Therapy at Manchester University, she will be working as a speech and language assistant. Good Luck Hannah, we wish you well in your new role.



Winter 2021

PARENT NOTICE

Closures

Both centres will close on Friday 17th December and will reopen on Monday 3rd January 2022

All sessions will resume

Monday 3rd January

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Bradley Hall Festive Fundraiser

We were delighted to be asked to be part of the Bradley Hall Festive Fundraiser on Friday 3rd December at Newcastle Racecourse. It was a huge success and £50,000 was raised on the day, which was split between Heel & Toe and Marie Curie.

Thank you to our Trustee Peter Bartley (Group Director) and Neil Hart (Managing Director) for your continued support, what a fantastic way to end the year.



CECA

An enjoyable evening was had at the Civil Engineering Contractors Association (CECA) NE Ltd annual dinner and awards night at the Grand Hotel Gosforth. Congratulations to Philip Miller and Vicky Munro at CECA NE for organising a successful event and to all of the winners and sponsors who made it a memorable one.

Heel & Toe were this year's nominated charity and thanks to the generosity of those in attendance, £5000 was raised on the night.

The Chairman, Phillip Beaumont announced in his speech that Heel & Toe will be their chosen charity in 2022. Thank you for your continued support. We look forward to working with you again next year.



Irwin Mitchell

When a child suffers from a disability, there can be a raft of obstacles and issues to face. Sometimes those disabilities may be as a result of negligence as well.



Irwin Mitchell have the UK's largest and most experienced teams, covering a wide range of specialisms to help families and their children. Through this, we're able to offer families the support and understanding they need in an extensive range of areas.

These areas include:

- **Medical Law and Negligence** - assist in bringing a claim to provide for your child's financial support in relation to on-going care, specialist aids, equipment and educational and rehabilitation needs. We also campaign for improvements in patient safety and medical treatment, highlighting our passion in our work and clients.
- **Disability and Educational Rights** - advice about such issues, from getting the treatment needed, accessing care, transport, education and so on.
- **Your Child's Finances and considering your position** - We offer a wide range of advice to families who are responsible for managing their disabled child's affairs, or are concerned about the ability of someone else to do so.
- **Protecting you and your child** - help many clients and their families to protect their future, not only in investigating personal injury cases, but ensuring they get the best advice from our specialist teams.

If you have concerns or questions get in touch with the team, either by email sarah.coles@irwinmitchell.com or through our helpline number asking for me, 07423430280.

Fundraising Regulator

Heel & Toe are proud to announce that we are now part of the Fundraising Regulator.

Fundraising Regulator are the independent regulator of charitable fundraising in England, Wales and Northern Ireland. They stand up for best practice in fundraising, in order to protect donors and support the vital work.

They also work in partnership with other regulators and representative bodies in the charitable and fundraising sectors to build public confidence and ensure consistent fundraising standards across the UK of fundraisers.



Heel & Toe Events 2022

Bingo Goes Bonkers - Ryton Social Club - Saturday 19th March

Buskers Night - Holmeside Social Club Dunston - Friday 8th April

Hadrian's Wall - Saturday 7th May

Golf Day - Ramside - Friday 13th May

Sponsored Gyll Scramble - Keswick - Saturday 21st May

An Evening with Paul Merson - The Grand Hotel Gosforth - Friday 10th June

Color Obstacle Rush - Newcastle Racecourse - Saturday 11th June

Back to the 90s - Holmeside Social Club Dunston - Friday 24th June

Total Warrior - Leeds - Saturday 25th June

Skydive - Peterlee Skydiving Centre - Saturday 2nd July

Mad Hatters Afternoon Tea - Crowne Plaza - Saturday 23rd July

Mini / Junior Great North Run - Saturday 10th September

Great North Run - Sunday 11th September

Bingo Goes Bonkers - Ryton Social Club - Saturday 24th September

Charity Ball - Hilton Gateshead - Friday 25th November

Children's Christmas Party - Pelton Community Centre - Sunday 4th December

Events to be confirmed:

Go Kart, Sponsored Bike Ride, Abseil/Bungee Jump, Great North Family Mile, GN10k, Superhero Walk, Spinathon & Ziplide.

To book on to any of our events please visit: www.heelandtoe.org.uk/events

Thank You

A special thank you to everyone who supported Heel & Toe throughout the pandemic, we appreciate it has been a difficult time for everyone.

All the staff at Heel & Toe would like to wish you a Merry Christmas and a Happy New Year, we hope to see you all again in 2022.



Phillip Dawes



Lily Davison



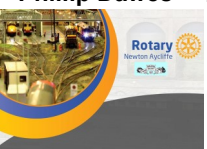
Park Electrical



Stanlev Peddlers



MGL



Newton Aycliffe



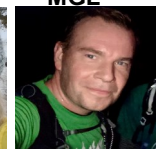
Birtley Harriers



Pertemps



Elle & Pam



Ian Staerck



AkzoNobel



Carl & Chris



Heather Hastie



Lucy Scott & Friends



Alice Watson



Emily Bell



Gary Stanger



Dylan Long



Hebburn Martial Arts



Imogen



Ian Silcock



Straun Jackson



Ian Taylor



Poachers Pocket



Skydive Team



Hannah & Elijah



Dave Burke



Scott Armstrong



Lucy Locketts



Daisy Harvey



Joy Colwill



Ann Ball



Rachna Bhalla



Helen & Bill Hope



Michelle Dunlop



Mark Ward



Hannah Tweedy



Danny Graham



LBG Team North East



Vertu Honda Newcastle



Lowes Financial

Contact Us



If you have any queries contact us on 0191 386 8606 or email info@heelandtoe.org.uk

If you are interested in fundraising for H&T, please contact one of our fundraising team.

Kirsty.hutton@heelandtoe.org.uk
Caroline@heelandtoe.org.uk
Amanda@heelandtoe.org.uk
Natalie@heelandtoe.org.uk

To donate direct to Heel and Toe, Text 'HEELTOE' to 70085 (texts cost amount donated plus the cost of a standard message rate from your mobile provider). You will be opting into receiving updates on fundraising from us via telephone and SMS. To opt out Text 'HEELTOENGINO' to 70085