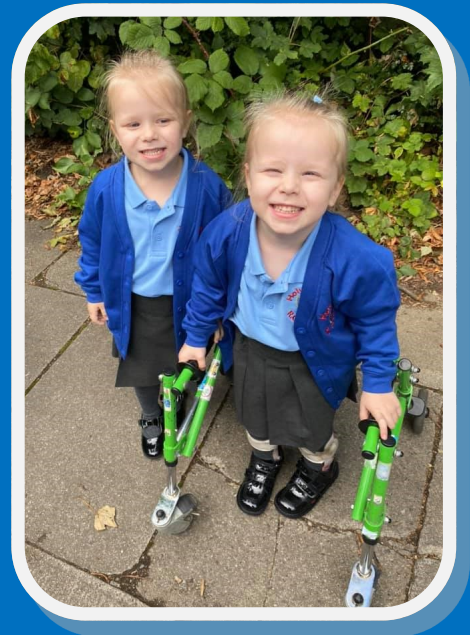


# Making a Monthly Donation to Heel & Toe Children's Charity



Supporting Heel & Toe with a regular donation enables us to continue offering children like Amelia weekly therapy sessions. Amelia has cerebral palsy and was previously told by experts that she would likely need a wheelchair and be unable to walk un-aided. With the help of our therapy team, and with Amelia's determined little spirit, she was standing unsupported and taking her first steps, in just four short months of attending Heel & Toe Children's Charity.



Amelia and twin sister Ella-Mae

## MONTHLY GENERAL DONATION

Support us with a regular monthly donation. 100% will go directly to Heel & Toe and help all our children access therapy sessions.

- ◆ £5 will pay for a parent information pack
- ◆ £10 will pay for a session in our sensory room
- ◆ £15 will pay for a session with our massage therapist
- ◆ £25 will pay for a session in a conductive therapy group

## CHILDREN'S POT DONATION

Donate a regular amount to a specific child's therapy pot. All funds can be used to help pay towards their weekly therapy sessions.

- ◆ Physiotherapy
- ◆ Occupational Therapy
- ◆ Speech & Language Therapy
- ◆ Hydrotherapy
- ◆ Massage Therapy
- ◆ Sensory Room Hire

## PAYROLL GIVING

Support us with a regular monthly donation, using pay-roll giving, a tax-effective way for employees to give to charity from their pay. Any employee that has PAYE tax deducted can join the scheme. Ask your employer if your company is set up with Payroll Giving in Action to make this happen.

To set up a monthly donation visit our Homepage [www.heelandtoe.org.uk](http://www.heelandtoe.org.uk) and click the DONATE NOW button

If making a donation to a child's pot, please add the child's name in the 'donation reference'

For further information email: [info@heelandtoe.org.uk](mailto:info@heelandtoe.org.uk) or telephone: 0191 386 8606