

Heel & Toe Newsletter

FORTHCOMING EVENTS

Italian Cycle Challenge

Follow and support our cycle team as they cycle from the Heel to the Toe of Italy. The team start their challenge at Bari on 3rd June and finish on 8th June in Sicily. We will be posting the photo's and blog as they are sent directly from the cyclists.

The team members are;

Paul, Dave, Doug, Peter, Jon, Simon, Stephen, Mark, Darren, Jules and Lucy.

To sponsor the team visit:

<http://uk.virginmoneygiving.com/team/italyheeltoecycle>

Big thank you to the event sponsors:

stanleytravel



Tyne Valley Motorhomes



Events Diary 2014

- Italian Charity Cycle - From Bari to Sicily - 3rd June to 8th June
- Great North Dog Walk - South Shields - Sunday 8th June
- Zipline from Baltic Building - Gateshead - Sunday 6th July
- Summer Trip with Stanley Travel - Scarborough - Sunday 3rd August
- Sponsored Dog Walk - Gibside - Saturday 23rd August
- Great North Junior & Mini Run Saturday 6th Sept - JUNIOR RUN FULL
- Great North Run - Sunday 7th Sept - PLACES FULL
- Children's Disability Triathlon - David Lloyd - Sunday 14th September - LIMITED PLACES
- Annual Charity Ball 'Black Tie & Heels' - Friday 28th Nov - Newcastle Civic Centre - LIMITED TICKETS AVAILABLE Sponsorship Welcome - contact jane@heelandtoe.org.uk for package details

We need willing participants for these events so please contact us on 0191 3868606 for a sponsor form.
info@heelandtoe.org.uk

Great North Dog Walk 2014



We are delighted to be one of the beneficiary charities of the largest dog walk in the world, The Great North Dog Walk 2014.

Organised by passionate dog lover - Tony Carlisle, the 3.5 mile course last year saw 20,247 dogs take a walk to raise funds for the charity of their choice.

It's free to take part in the walk with your dog but your dog can raise funds for us too.

Please email jane@heelandtoe.org.uk to register.



Tony Carlisle - Founder GNDW

Zipline Across The Tyne

Are you brave enough to Zipline from the Baltic Building across the Tyne on **Sunday 6th July 3pm**? If so sign up today.

Email Debora - debora@heelandtoe.org.uk or call **0191 3868606**.

Registration is £45. We ask for a sponsorship pledge of £150.

Fancy Dress is optional. You can also join us at our after party at the Pitcher & Piano on the Quayside.



Black Tie & Heels Annual Ball

Join us for a fantastic night of fine dining, live entertainment and the chance to purchase exclusive 'money can't buy items' at our Black Tie & Heels Annual Ball 2014.

The event will be held at **Newcastle Civic Centre** on **Friday 28th November** and will be hosted by North East favourite compere - Steve Walls.

The ball is our largest fundraising event and we want to invite you, your clients, friends and family to join us and help us beat last years total amount raised of £20,000.

To book tickets visit the events page on our website -

www.heelandtoe.org.uk or email jane@heelandtoe.org.uk.



Tickets are priced at £65 per person discounts for tables of 10 guests.

To sponsor the Ball and see your benefits to your company call **Jane** on **0191 3868606**.



Onesie Fun Walk



Over 50 children put on their Onesie and joined us for a sponsored 1 mile walk around the beautiful lake at Hardwick Park on **Bank Holiday Monday 5th May**. There were Onesies of all styles and characters who were led around the route by local drumming group - **Rhythm Train**. Each child that took part received a certificate and a snack pack (sponsored by 'Be The Light of the Party - USA'). Hours of fun was had by all!

Huge thank you to **Floorfiller Entertainment**, **Cophire**, **County Durham & Darlington Fire & Rescue Service** and **Gary Mitchell Racing** for being part of the day.

Annual Golf Day



Plumbase



Southdale



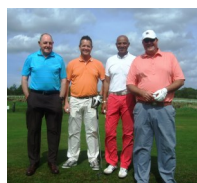
Paul Gilseman Wealth Management



Solar Trophies



Stone Technical Services



Stanley Travel



Dolphin & Shape



Footprint PR



Cunningham Lyndsey

On Friday 16th May the sun came out in full force as we saw a mixture of 30 businesses take part in our Annual Golf Day at Northumberland Golf Course in Gosforth. The course is very scenic and in a great location, we couldn't have asked for a better day.

The results from the day were;

1st Place - Bradley Hall

2nd Place - DJ Franks

3rd Place - VW Pullman

Straightest Drive - Muckle LLP



Bradley Hall



DJ Franks



VW Pullman



Well Done to all teams who played and thank you to all the staff and volunteers who helped out on the day.

To reserve a team in next years Charity Golf Day which will be held at **Ramside Hall** please email Amanda Tweedy - amanda@heelandtoe.org.uk.



Sponsored Skydive

On Saturday 26th April 13 brave people took to the skies of Peterlee and launched themselves out of a plane at 30,000 feet to raise funds for us.

The weather looked bleak but a break in the cloud meant it was time to fly.

Well Done to everyone who took part in the event.

If you would like to Skydive for Heel & Toe Charity please email Debora - debora@heelandtoe.org.uk to enquire.



Challenge Yourself for Charity

Have you got what it takes to complete an assault course like Yorkshire Warrior, Total Warrior or Tough Mudder.

Search for a challenge to suit your abilities, register online and email us for a sponsor form.

Email jane@heelandtoe.org.uk you never know one of our team members might just join you!



Janet Costelloe and Jane Long - Yorkshire Warrior 2014

New Building UPDATE

Our new building at Pelton is currently ahead of schedule as the carpets need to be fitted and interior painting to take place. We hope to have the building ready for opening early September 2014. The new building will include 5 therapy rooms and a children's gym in the hope we can raise enough funds to continue our invaluable therapy service. We would like to thank everyone who has volunteered their time and sent donations so far.

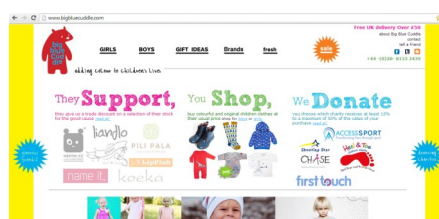
None of the work would have been possible if it wasn't for the help and support we have had from local businesses, the general public and grant providers.

Big Blue Cuddle

Online Children's Clothing and Accessory Company, Big Blue Cuddle have taken on Heel & Toe as a charity partner.

The concept behind the company is to provide top quality clothing and accessories for children at affordable prices whilst donating a huge percentage of profits to local causes. Between 15% and 50% of the total will then be donated to us thanks to Big Blue Cuddle.

Visit www.bigbluecuddle.com.





Registered Charity 1125695

Charity Products

Help us raise funds by purchasing some of our charity products. Visit our website to purchase yours.

Here's what we have for sale;



Wristbands
(adult & child size)
£2.00



Chloe's Charms
£5.00



Keyring
£2.00



Fridge Magnet £2.00



Car Fresheners
£2.00 (5 scents)



Pens (black ink) £2.00

Ambassador News

Andrew Scott - Ambassador has donated a Summer coach day trip with Stanley travel to us.

The trip to Scarborough is on **Sunday 3rd August**.

Tickets are **£14 pp** or **£50** for a **family ticket (2 adults & 2 children)**.

If you would like to book your tickets please contact amanda@heelandtoe.org.uk.



Ask Us About SDR Rehabilitation

As our services expand we are now offering block sessions of pre and post rehabilitation therapy for children who are having the SDR operation (Selective Dorsal Rhizotomy) which is available in the US and UK.

Do you know someone who will be going through the operation and may require additional rehabilitation physiotherapy? Contact our **Therapy Service Manager - Alan 0191 386 8606** or email Alan@heelandtoe.org.uk

Donations and Local Support

Huge thank you to Newton Aycliffe Rotary Club who nominated us as their official charity for their Model Railway Exhibition. The event was a great success and raised **£811.48**. We look forward to next years event.

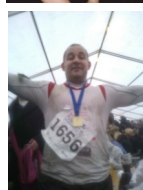


★ Olivia Howe from Wigan got in touch to raise funds for her cousin's school and us. Her cousin has cerebral palsy. Olivia raised **£1000**. Amazing achievement.



★ County Durham Association of Women donated **£100.00**.

★ Martin Milburn took part in Survival of the Fittest and raised **£110**.



★ Framwellgate Moor School - Condor House raised **£500** and have named us Chosen Charity of the Year.



And Everyone Else Who Has Donated To Us.

Our Address;
Heel & Toe Children's Charity
Finchale Road
Framwellgate Moor
County Durham
DH1 5HL

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@HeelToeCharity