

# Heel & Toe Children's Charity

Providing therapy to children with cerebral palsy and other physical disabilities in the North East

## 2018 EVENTS BOOK YOUR EVENT NOW

Visit [www.heelandtoe.org.uk](http://www.heelandtoe.org.uk)



### MARCH

**Music Night** Ryton Social Club **Sat 24th, 7pm**  
Tickets £5

### APRIL

**Gin Festival** Venue TBC **Date & Cost**  
TBC

### MAY

**Onesie Walk** Saltwell Park, Gateshead **Mon 7th, 11am**  
Free Reg, £50 Min Sponsor

**Charity Golf Day** Ramside Golf Club, Durham **Fri 11th, 11am**  
Shotgun start  
£220 Team of 4

**Skywalk** Honister Pass, Fleetwith Pike, Keswick **Sat 19th, £25 Reg, £149 Min Sponsor**

### JUNE

**Sportsmans Dinner** Hilton Hotel, Gateshead **Fri 8th, 6.30pm**

**Total Warrior** Leeds, Bramham Park **Sat 23rd, £19 Reg Fee, £199 Min Sponsor**  
**Charity Cycle Ride** Details TBC **Date & Cost**  
TBC

**Great North Swim** Windermere Lake **Fri 8th-Sun 10th, £10 Reg, £149 Min Sponsor**

### JULY

**Skydive** Peterlee Parachute Centre **Sat 7th**  
£25 Reg Fee  
£350 Min Sponsor  
TBC

**Great North 10k** Gateshead Quayside

**Clarty Bairns - Kids Obstacle Course** Broomly Grange, Northumberland **Sat 28th, £5 Reg Fee, £50 Min Sponsor**

### SEPTEMBER

**Great North Mini/Junior Run** Gateshead Quayside **Sat 8th**  
SOLD OUT

**Great North Run** Newcastle to South Shields **Sun 9th**  
£35 Reg, £249 Min Sponsor



### OCTOBER

**Ziplide** Tyne Bridge, Newcastle **TBC**

**Fashion Show** TBC **TBC**



### NOVEMBER

**Annual Charity Ball** Hilton Hotel, Gateshead **Fri 30th, 6.30pm**  
reception

### DECEMBER

**Christmas Coach Trip** TBC **TBC**

Heel & Toe, 40 Front Street, Pelton, Chester-Le-Street, DH2 1DE.

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